



MOUNTIES SWIMMING CLUB
Winter SC Qualifying AA Meet
Saturday, 24th July 2010
SOPAC

8AM WARM UP

LIMIT 2200 ENTRIES

9AM START

Male Event	Female Event	Age	Distance	Stroke	Break Time	Male Event	Female Event	Age	Distance	Stroke	Break Time
1	2	Open	400m	Free	3:50.00	41	42	Open	400m	I.M.	4:01.00
3	4	9/U	50m	Free	32.00	43	44	10/U	100m	Free	1:00.00
5	6	10/U	100m	Fly	1:05.00	45	46	9/U	50m	Breast	36.00
7	8	11/12	100m	Breast	1:10.00	47	48	Open	200m	Fly	1:55.00
9	10	Open	50m	Free	24:00	49	50	10/11	50m	Back	30.00
11	12	13/14	200m	I.M.	2:05.00	51	52	15/Over	200m	I.M.	2:05.00
13	14	10/11	50m	Breast	33:00	53	54	Open	50m	Breast	27:00
15	16	15/O	100m	Breast	1:01.00	55	56	13/14	100m	Back	58:00
17	18	Open	200m	Back	1:55.00	57	58	11/12	100m	Free	59.00
19	20	9/U	50M	Fly	34.00	59	60	15/Over	100m	Back	55.00
21	22	10/U	100m	Back	1:05.00	61	62	9/U	50m	Back	34.00
23	24	11/12	100m	Back	1:05.00	63	64	12/U	100m	IM	1:00.00
25	26	Open	50m	Fly	26.00	65	66	13/O	100m	IM	55.00
27	28	13/14	100m	Breast	1:04.00	67	68	10/U	100m	Breast	1:15.00
29	30	10/U	200m	I.M.	2:35.00	69	70	11/12	100m	Fly	1:05.00
31	32	11/12	200m	I.M.	2:25.00	71	72	Open	200m	Free	1:50.00
33	34	15/O	100m	Free	53.00	73	74	13/14	100m	Fly	58.00
35	36	13/14	100m	Free	54.00	75	76	15/Over	100m	Fly	55.00
37	38	10/11	50m	Fly	30.00	77	78	10/11	50m	Free	30.00
39	40	Open	200m	Breast	2:05.00	79	80	Open	50m	Back	26.00

1. Meet conducted under the rules of SNSWL.
2. All Events are Timed Finals.
3. Entries to be submitted on SNSW **MULTI entry cards only** accompanied by a summary sheet.
4. **Entry Fees \$5.00** per individual event.
5. **Entries Close Friday 9th July 2010**
6. Age as at 24th July, 2010.
7. Pool Entry: \$4.00 pool entry. Competitors FREE
8. Programmes: \$4.00
9. Medals will be awarded to 1st, 2nd, 3rd place in each event.
10. No Phone or Late Entries will be accepted.

Forward all entries to: Race Secretary
Mounties Swimming Club
PO Box 8056
Mt Pritchard NSW 2170

Enquiries: Denise Namroud

Phone: 0403 55 99 06

E-FILE email: racesecretary@mounties-swimmingclub.com.au